

# What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services  
January 2025 Price: Free

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Winter Recess No School		
6 Cheese Pizza Seasoned Green Beans Cucumber Coins Rosy Applesauce Choice of Milk  w4	7 Hamburger on WG Bun Tater Tots Seasoned Corn Fresh Baby Carrots Chilled Diced Pears Choice of Milk	8 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk Lucky Tray	9 Hot Dog on WG Bun Crinkle Cut Fries Fresh Baby Carrots Diced Peaches Choice of Milk	10 Cheese Filled Bosco Sticks W/ Pizza Dipping Sauce Celery Sticks Fresh Orange Wedges Choice of Milk
13 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk  w1	14 Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Seasoned Corn Fresh Baby Carrots Chilled Diced Pears Choice Of Milk	15 Jumbo Chicken Tenders WG Dinner Roll Cooked Carrot Coins Fresh Cucumber Coins Michigan Grown Apples Choice of Milk Lucky Tray	16 Bosco Sticks or Dunkers w/Dipping Sauce Baked Beans Fresh Baby Carrots Diced Peaches Choice of Milk	17 Hamburger on WG Bun  Half Day  Fresh Orange Wedges Choice of Milk
20  No School	21 Hot Dog on WG Bun Refried Beans Seasoned Corn Fresh Baby Carrots Chilled Diced Pears Choice of Milk	22 Chicken Patty WG Bun  Baked Tater Tots Cucumber Coins Michigan Grown Apple Choice of Milk Lucky Tray Day	23 Bosco Stick or Dunkers w/Dipping Sauce Baby Carrots Diced Peaches Choice of Milk	24 Cheese Pizza Celery Sticks Fresh Orange Wedges Choice of Milk
27 Mac n Cheese W/Diced Ham WG Dinner Roll Green Beans Cucumber Coins Applesauce Choice of Milk  w3	28 Soft Shell Tacos w/ Meat, Cheese & Trimmings w/Salsa Seasoned Corn Fresh Baby Carrots Chilled Diced Pears Choice Of Milk	29 Jumbo Chicken Tenders Baked Beans WG Dinner Roll Fresh Cucumber Coins Michigan Grown Apples Choice of Milk Lucky Tray	30 Bosco Sticks or Dunkers w/Dipping Sauce Broccoli Ranch Salad Fresh Baby Carrots Diced Peaches Choice of Milk	31 Brunch for Lunch Pancakes and Sausage Celery Sticks Fresh Orange Wedges Choice of Milk





## Chatfield: Free Breakfast to All Students

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Choose 2</b> Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b>Must take a</b> Juice or Fruit</p> <p><b>Optional</b> Milk, Skim, 1% or Chocolate</p>	<p><b>Choose 2</b> Bug Bites Graham Crackers</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b>Must take a</b> Juice or Fruit</p> <p><b>Optional</b> Milk, Skim, 1% or Chocolate</p>	<p><b>Choose 2</b> WG Blueberry Muffin</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b>Must take a</b> Juice or Fruit</p> <p><b>Optional</b> Milk, Skim, 1% or Chocolate</p>	<p><b>Choose 2</b> Cinnamon Goldfish Grahams</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b>Must take a</b> Juice or Fruit</p> <p><b>Optional</b> Milk, Skim, 1% or Chocolate</p>	<p><b>Choose 2</b> Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p><b>Must take a</b> Juice or Fruit</p> <p><b>Optional</b> Milk, Skim, 1% or Chocolate</p>

Student will choose 2 breakfast items **AND** a juice or fruit.

Milk is optional.

**Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:**

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to [www.EatLearnLive.com](http://www.EatLearnLive.com)

This institution is an equal opportunity provider.